

# Body Symptoms Release

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## Red Anthurium

This flower essence is the master healing essence for helping the body to release old body symptoms that have been embedded deeply into the body for a long time. Often, we have actually dealt with and resolved the original issues that were the originating cause of the symptoms, but the symptoms persist in the body, as if they have taken on an independent existence.

This essence reverses this process of the symptoms having taken on a “life of their own”, and allows them to be released. If the issues have not been totally resolved, the essence helps (along with other appropriate essences given at the same time) to facilitate the resolution of the issues.

**Affirmation: “I release these old body symptoms.”**

[Buy a bottle of this essence from our online store](#)