

# Body Wellbeing

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## Light Violet Bougainvillea

### **Regaining body wellbeing and harmony**

The flower essence for body wellbeing, helping the physical body to maintain its normal state of wellbeing and harmony, which is its natural state.

**Affirmation: “I now bring my body into total balance, harmony, and wellbeing.”**

[Buy a bottle of this essence from our online store](#)