

Subconscious Mind Programming



Pink Bougainvillea

A flower essence to help with releasing programmed sub-conscious “hooks” that are below the surface of the conscious mind.

These hooks are there, waiting to be activated, whenever there is a triggering event or incident that allows these hooks to be transformed into barbs that actively contribute to a state of imbalance (ie. ill health) in the body or the mind.

Affirmation: “I release these old hooks from my sub conscious mind.”

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