

Relationship Issues



Small Flax

Healing relationships

The flower essence for everything to do with “relating” and “relationships”.

To help one step outside of the generally accepted beliefs about relationships and relating, and all that goes with the territory, including communication, codependency, misunderstandings, etc, and to realize that it is only oneself that is creating all of the apparent difficulties.

Affirmation: “I now take a fresh look at my relationships, and especially at myself and how I relate.”

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