

Feeling Overwhelmed



Olearia – Lavender Queen

Resolving those “everyday challenges”

The flower essence for helping a person to see the truth of all of those “everyday challenges” that one believes that one faces daily.

All of those little things that grind one down, that leave one feeling “flat” and “blue”. To help one see what it is that is really driving this syndrome, and to let it go.

Affirmation: “I now see the illusion of this feeling, and free myself from these perceived challenges.”

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