

Addictions and Patterns



Peperomia polybotrya

Healing addiction and breaking habitual unconscious patterns

The flower essence for helping heal addictions and addictive behavior.

It does this by helping a person to see through the illusion of perceived compulsion, and to realize that we all do have the power of choice over every form of behavior in our lives.

Nothing has power over us unless we give it that power, and this includes even the most “compulsive” forms of addictions.

Affirmation: “I now fully claim my own power to make my own choices in my life.”

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