

Feelings Validator



Pink Iceberg Rose

The flower essence to help a person to simplify the complex process of processing feelings.

Our feelings are something that we experience continuously all our lives, yet do we really understand them?

This essence helps us along the path of insight and true understanding of our feelings, which is a large step towards self-mastery. Affirmation: “My body gladly releases this energy from the past, allowing me to be more firmly in the present.”

Affirmation: “I closely examine my feelings, accept them, and understand them.”

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