

Mindset Shifter



Uncle Walter Rose

For helping us to break out of our deeply ingrained “mindsets”, of which we are usually totally unaware on the conscious level.

These mindsets are usually so deeply hidden from our conscious mind, that if they are pointed out to us, we will strongly deny their existence.

This essence helps us to be willing to examine our mindsets in a non-defensive way, and to release them, once we see that they no longer serve our highest good.

Affirmation: “I willingly examine my mindsets, and release those that no longer serve me.”

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