

Transforming the Self



Leptospermum – Sunrasia

Releasing the untrue self and transforming into the True Self

The flower essence for helping to release a person's "untrue self", and to assist in the birth of the "True Self".

We have all, because of our conditioning and the pressures we have been subjected to by society, constructed an "untrue self", which is basically running our life.

Our True Self is hidden underneath this untrue self, and this essence is for helping us to dissolve our untrue self and allow our True Self to come out into the light.

**Affirmation: "I now release my untrue self
and empower my True Self."**

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