

# Releasing the Blame Game

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## Violet Bell-shaped Vine

### **The essence for releasing the blame game**

The flower essence for releasing attachment to the paradigm of duality and blame, where we endlessly blame anybody and everybody for our perceived problems and misfortune.

It always has to be someone's "fault", and this appears to us to be a basic law of the Universe. When something goes "wrong", it must automatically be because someone fouled up, and for doing this they should be blamed and punished.

It is time for us to see through the truth of this, and to release our compulsive need to fight the duality battles, in the process, discovering what true forgiveness is, forgiving all those who have supposedly "wronged" us, and most importantly, forgiving ourselves.

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