

Illness Support



Westringia amabilis

Support during illness

The flower essence to help support a person, on all levels, during the process called “illness”, which can be a process of profound change and opportunity for transformation.

Like most things in life, the experience of illness can be viewed in two ways, through either a negative or a positive lens. This essence helps a person to go through illness with grace and ease, and to gain the maximum benefit from the experience.

Affirmation: “I allow myself to go through the experience of illness and gain from the experience.”

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